

Guidelines for walkers

- Experienced guides will accompany all walks. The decision and authority of the leaders is final and at all times to be accepted by the participant.
- Choose the walk most suited to your level of fitness, if in doubt please consult walk leader.
- Please adhere to the Leave no Trace code of outdoor ethics.

Deciding which walk is for you

A Walk = Very Experienced walker

B Walk = Experienced walker

C Walk = Regular/Casual walker

Clothing & Equipment

"A" & "B" Walks are on open high rough country. Mountain boots are essential – **no boots no walk**; waterproofs, tracksuit -no jeans; cap, whistle, change of clothes for after walk. Packed lunch & drinks required.

"C" Walk is on road and rough forest tracks, strong comfortable footwear, tracksuit – no jeans. Children are welcome, but not suitable for buggies.

- Base Point is at **Aherlow House Hotel**. Directional road signs in place on N24 from Bansha, Tipperary, Cahir & from Bansha & Galbally on R663.
- Transportation will be provided to/from start/finish point where necessary.
- No dogs allowed.
- Accommodation list attached for Hotels, B&B's etc; rates per person included, please book directly with your chosen provider
- All participants must **complete and sign a registration form** prior to all walks and sign out afterwards.
- All minors must be accompanied by a parent or guardian at all times.
- Those participating in the Walking Festival do so at their own risk.
- The organisers maintain right to change route where deemed necessary
- Walk Leaders maintain right to refuse participation due to unsuitable clothing, footwear or lack of experience.

Acknowledgement

The Glen of Aherlow Fáilte Society acknowledges the continued support of Hillwalking Radio & South East Mountain Rescue Association to the Glen of Aherlow Walking Festivals.

Our appreciation also to the Galtee Walking Club, our partners in the annual Glen of Aherlow Winter Walking Festival.



Diary Dates for 2020

Slievenamuck Marathon Sunday April 5th
Galtee Challenge Saturday June 27th

The Glen of Aherlow Fáilte Society would like to welcome back our old friends and to those joining us for the first time, a very big "Céad Mile Fáilte" to the Glen of Aherlow. We wish you all a safe, memorable and enjoyable "Walkers Welcome" experience in the Glen.

This event is supported by Tipperary County Council through the Festivals Events Initiative 2020



I R E L A N D Glen of Aherlow

T I P P E R A R Y WINTER WALKING FESTIVAL

Friday 24th to Sunday 26th
January 2020
**2 DAY WALKING
FESTIVAL**

- Groups, Clubs and individual walkers welcome
 - 3 Graded Walks each day
 - Excellent Accommodation available
 - Nightly Entertainment

For information & brochure contact:
The Glen of Aherlow Fáilte Society Ltd.
Coach Road, Aherlow, Co. Tipperary

Tel: 062 56331 or 086 8314443
e-mail: info@aherlow.com
www.aherlow.com



FRIDAY JANUARY 24th

Welcome Evening, Aherlow House Hotel: 9pm

The Welcome Evening affords you the opportunity to meet members of the Galtee Walking Club who will be your guides for the weekend. View all the walking routes, meet your fellow walkers and discuss your chosen walk.

Music session in the Hotel Bar.



Clonbeg Church

REGISTRATION OPENS:

1 hour before the listed start time of each walk, please be punctual to accommodate bus transfers and your fellow walkers

WALKING BOOTS A NECESSITY

All Walkers must sign out at base after each walk

Base Point for Registration is
Aherlow House Hotel E34 VW22

Route Maps will be on display in Hotel each day

Discovery Maps 74 & 66

Daily Cost of Walks

(includes bus transfers and refreshments on return to base)

A €20 B €20 C €15

SATURDAY JANUARY 25th

A Walk: Glencush Horseshoe

Registration up to 9am. Bus Departs 9.15am sharp.

Distance: 14km
Highest Point: Galtymore (919m)
Climb: 1200m
Walking Time: 5-6 hours

This **A Walk** is for **very experienced walkers**, starting from Clydagh, over the stile to Cush, Galtybeg & Galtymore. Return by the Stony Man to the pickup point at Clydagh.

B+ and B:Walk: Lough Curra

Registration up to 10am. Bus Departs at 10.15am sharp.

Curra only: Distance 9km
Climb: 500m
Curra Optional: Distance 11km
Climb: 700m
Walking time: 3-5 hours

One of the most popular walks in the Glen of Aherlow, Lough Curra takes you into the lower Galtees, from forest tracks via Saunders Lodge, Curra Stile leading to open mountain and follow the Old Ice Road to the Lake. B Walkers can return from here.

B+ walkers have the option here to do a climb to the Galty Wall looking down on Lough Curra and return by the Stony Man.

C Walk: The Millennium Stone

Registration up to 11am.

Distance: 11km
Walking time: 3-4 hours

Starting from the base at Aherlow House Hotel, this 3 hour walk offers the best of nature trails, via the Nature Park, Christ the King, enjoy panoramic views of Tipperary Town from Rock an Thorabh before winding your way back to base.



SUNDAY JANUARY 26th

A Walk: Rossadrehid to Clydagh Bridge

Registration up to 9.00am. Bus departs 9.15am sharp.

Distance: 12km
Climb: 1050m
Walking time: 4-5 hours

This **A Walk** is for **very experienced walkers**, starting in Rossadrehid, climb Knockastakeen and then on to Lake Muskry, climb to 786 overlooking Muskry. Walk along the top to Galty Beg, return by the Geisha Steps, climb Cush and then back down to Clydagh.

B Walk: Bane Hill

Registration up to 10.00am. Bus departs 10.15am sharp.

Distance: 10km
Climb: 500m
Walking time: 3-4 hours

You will be bussed to the Lady Gregory pub and walk on forest tracks along the eastern end of the Galtees before the climb to Bane Hill which affords beautiful views over the surrounding countryside.

C Walk: The Dolmen

Registration up to 11.00am. Bus departs 11.15am sharp.

Distance: 12km
Walking time: 4 hours

Sunday's C walk starts from Lisvarrinane Village and will walk back to Aherlow House Hotel. This is a very lovely low level walk on Slievenmuck which makes its way to the historical and mythical bed of 'Diarmuid & Grainne'. Spectacular views of the Galtees only serve to add to the beauty of this walk.



WEEKEND ENTERTAINMENT

FRIDAY NIGHT: 9pm Launch at Aherlow House Hotel, Music session in the Bar .

SATURDAY NIGHT: 7.30pm Festival Dinner in Aherlow House Hotel, non residents welcome to attend. Dinner €25 per person, please book/pay at registration on Saturday. After dinner entertainment in the Bar.

Packed Lunches (€10) are available from Hotel but must be ordered in advance for either or both days.

A courtesy bus is available on Saturday night to bring our visitors from our partner Hotels, Guest Houses and B&B's to Aherlow House for Dinner/Entertainment. Please sign up for this on the notice board in the foyer on Friday night or before 5.00pm on Saturday should you wish to avail of this service.

